

The Xth **VIKING CUP**

ARENA SKÖVDE, SWEDEN
4th-5th of April 2009



Invitation

Place and time of event

Viking Cup International 2009 will take place on the 4th and 5th of April 2009 in Skövde, Sweden.

The sports hall of the competition will be ARENA SKÖVDE located on Egnellsvägen 1, Skövde.

The competition will start: Saturday the 4th of April at 08.30

The end of the competition is planned to: Sunday the 5th of April at approximately 20.00.

Divisions and classes

The competitors will be divided into the following divisions and groups:

Name of division	MEDIUM LEVEL	HIGH LEVEL	TOP LEVEL
Grades	5-3 Kup	2-1 Kup	I-VI Dan
Age of the competitors SENIORS	18 years old and above	18 years old and above	18 years old and above
Age of the competitors JUNIORS	15-17 years old	15-17 years old	15-17 years old

Attention!

Age of juniors is based on the date of birth, not the year.

This means that you become senior on the day you turn 18 years old.

N.B. There will be no age restriction for participating in the pattern event.

The age restrictions is only in force for the sparring event.

Matsogi - sparring

Weight classes for the sparring competition will be:

SENIORS

Female: -52 kg, -58 kg, -63 kg, -70 kg, +70 kg

Male: -54 kg, -63 kg, -71 kg, -80 kg, +80 kg

JUNIORS

Female: -45 kg, -50 kg, -55 kg, -60kg, +60 kg

Male: -52 kg, -58 kg, -63kg, -70 kg, +70 kg

We reserve the right to mix classes if the number of competitors in a weight class is less than three persons.

Each competitor will be competing for his/her Taekwon-Do school and country.

Tul – Pattern

In each division the competitors will perform one designated pattern chosen by the judges according to the participant with the lowest grade. In the finals the competitors will perform two patterns, optional and designated. The pattern range in each division will be as follows:

SENIORS

Top Level group A (3 Dan - 6 Dan)	from Chon Ji to Moon Moo
Top Level group B (1 Dan - 2 Dan)	from Chon Ji to Juche
High Level (2 Kup - 1 Kup)	from Chon Ji to Choong Moo
Medium Level (5 Kup - 3 Kup)	from Chon Ji to Toi Gye

JUNIORS

Top Level (1 Dan - 3 Dan)	from Chon Ji to Choi Yong
High Level (2 Kup - 1 Kup)	from Chon Ji to Choong Moo
Medium Level (5 Kup - 3 Kup)	from Chon Ji to Toi Gye

Entry fees

The entry fee is 60 EUR/person.

The entry fees should be paid ONLY IN EURO and CASH at registration which take place in hotel PRISMA on Friday the 3rd of April between 12.00 - 21.00.

Attention! Credit cards or other payments than cash will not be accepted.

Swedish currency

N.B. The currency used in Sweden is Swedish Crowns SEK. EUROS are not accepted in stores or restaurants. Make sure that you have exchanged your currency before arriving to Skövde as there is limited possibilities to exchange money during the week-end.

Participation conditions

To be able to take part in Viking Cup International 2009 the following documents stated below must have reached the organizing committee at the **latest the 10th of March 2009**.

- 1) Main entry form
- 2) Competitors entry forms

The documents should be sent to:

By e-mail: info@viking-cup.se

By post: Skövde Taekwon-Do Club
Box 92026
541 02 Skövde
SWEDEN

The next condition for participating in Viking Cup International 2009 is that all fees, entry fee and accommodation fee, are paid at arrival on Friday the 3rd of April 2009.

Additional fee for changes

As there has been too many last minute changes in the entries the last years, which has caused problems for the organizing committee, the decision to introduce an additional fee for changes has been made.

Every change from one competition group to another (weight category or division) made on the arrival day, the 3rd of April, will result in an additional fee of **10 EURO/change**. This additional fee should be paid during registration.

Accommodation

Hotel

The hotel is of high quality with a toilet, a shower and a TV in every room. The price includes accommodation and breakfast. The hotel is situated near the centre of the town.

The price for accommodation is 45 EUR/person/night.

The supporters who stay in the hotel will have free entrance to the competition both Saturday and Sunday.

Booking

All bookings of accommodation, and possible changes in the reservations, are made **ONLY** by the organizing committee. Please state the accommodation details as follows:

- for the competitors in the Competitors Entry Forms A, B, C, D
- for the umpires, coaches and others in the Main Entry Form

The entry forms, should have reached the organizing committee at the latest the 10th of March 2009.

Changing in the accommodation reservations

It is possible to make **small changes** in the reservations until the **27th of March 2009**. After this date there will not be possible to change the reservations and the accommodation form will be used as the base of calculating the cost of accommodation that the club/organization should pay at arrival.

Insurance

All competitors must have full insurance coverage for eventualities by their own club. The Organizer will not be financial responsible for possible injuries caused during the competition.

Registration and Weight-In

The registration and weight-in will take place on **Friday the 3rd of April between 12.00-21.00** in Hotel PRISMA, Ekedalsgatan 2, Skövde.

All competitors must during the weight-in show their passport or another identification document.

Rules

The rules for the competition will be the official rules of the International Taekwon-Do Federation.

Attention!

According to Swedish regulations all colour belts and all juniors **must wear head protection** during the sparring event. All participants should have their own protection gear.

System of competition

The competition in sparring will be performed in a pool-system which means that all participants will be divided into pools up to five persons where everybody fights everybody. The competitors with the highest score will advance to the next pool.

In pattern the competition will be according to a traditional pyramid system.

All coaches must wear training suite and indoor shoes during the competition.

The **coach meeting** will take place on Friday the 3rd of April. Information about time and location will be given during registration.

Umpires

The organizer will pay accommodation for ONE umpire with "A" or "B" class from each club/organization who will be present and take part in the whole competition. However, to make this competition fair and efficient, we welcome umpires from as many schools as possible.

Lunch will be served to the umpires during the competition.

The **umpire meeting** will take place on Friday the 3rd of April. Information about time and location will be given during registration. All umpires must take part in the official umpire meeting.

Prizes

- 1st, 2nd and two 3rd places in each category and division will receive the official Viking Cup International medal.
- The top 3 countries of the competition according to total medal statistic in all divisions together will receive a special prize.
- The best club of the competition according to total medal statistic in all divisions together will receive the main prize: the Viking Cup. A 2nd and 3rd prize will also be awarded.
- All competitors, coaches and umpires will receive a Participation Certificate.

How to get to Skövde

You can get to Skövde in many different ways:

By airplane

The best way is to first fly to Gothenburg and from there take the bus or train which travels directly to Skövde. The train ride takes approximately 1 hour.

Transfer

We are also able to arrange transportation from the airport in Gothenburg to the hotel in Skövde. Please contact the organizing committee for details concerning this.

By train

Skövde has good connections by railway with most Swedish cities. However, the fastest connections are with Stockholm and Gothenburg where you can choose between X2000 train (express) or ordinary train.

By car

There are no problems to travel comfortable by car in Sweden. Most of the roads are of very good standard, no matter how the weather conditions are.

Food

There are many restaurants in Skövde so there will be no problem with finding a place for lunch or dinner. During the competition Restaurant Valle, which is located about 100 meters from the Arena, will be open for lunch. In the city centre, which is about 500 meters from the Arena, many restaurants are open during daytime and in the evenings.

Welcome to Viking Cup International 2009!

Swavek Dydiszko, 6 Dan
Head of the Organizing Committee

Deadline for entry forms:
10th of March 2009