



# NATIONAL MARTIAL SPORTS FESTIVAL

Bulgaria, Sofia, "Universiada" Sports Hall,  
8-9 November 2014



## REGULATIONS

**for National Taekwon-Do ITF Championship,  
part of the National Martial Sports Festival**

### Organizers:

- Sports Association of Ministry of Interior;
- Bulgarian Association of Taekwon-Do (BAT).
- Central Police Taekwon-Do Club;

### Date and place:

- 08-09 November 2014, "Universiada" Sports Hall, city of Sofia, start of the competition: 09:00 h.
- Opening ceremony of the tournament – 08 November 2014 at 11:00 h.

### Participation requirements:

- All affiliated TAEKWON-DO ITF sport organizations and all clubs and organizations who received official invitation;
- Competitors - from 6 years old and above;
- For pattern and special technique – holders of 10<sup>th</sup> gup and above;
- For sparring division – holders of 8<sup>th</sup> gup and above, at least 10 years old;
- For Power test division – 16 years old and older - holders of 6<sup>th</sup> gup and above;
- For pre-arranged sparring division - holders of 4<sup>th</sup> gup and above, at least 14 years old.

### On the championship children, juniors and seniors may perform in:

- individual and team pattern;
- individual and team sparring;
- individual and team special technique;
- individual and team power test;
- team pre-arranged sparring– juniors and seniors only;

### Registration of competitors, weigh-in and height check:

- Registration is obligatory for all competitors and will take place in "Universiada" Sports Hall on 08.11.2014 from 07:00 to 09:00 h;
- On the registration an ID check will be made;
- Check of weight and height will be made during the registration. Competitor who doesn't match applied weight and height will not be allowed to participate in the relative divisions;
- Tolerance – 0.5 kg (dress code – dobok pants and T-shirt) and 0.00 m (height check with no shoes).

### Entry forms:

- Participation applications (forms approved and provided by Organizational Committee) must be sent **till 23:59 h. of 03.11.2014** to the following e-mail: [oc@taekwondo.bg](mailto:oc@taekwondo.bg)

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- After 23:59 h on 03.11.2014 applications and corrections (change in the application of age, height, weight, technical degree and applied division) will not be accepted.
- **The application must contain:** Names of the competitors, date of birth, height (cm) – for children competing in Special technique division, weight (kg) – for competitors in Sparring division, and category they apply for participation.
- **Corrections** for weight and height are accepted till 23:59 h on 03.11.2014 to the following e-mail: [oc@taekwondo.bg](mailto:oc@taekwondo.bg)
- Required documents related to the applications must be delivered on 07.11.2014 from 10:00 to 14:00 h in office of BAT are:
  - valid sports insurance;
  - medical exam with date not earlier than 3 days before the competition;
  - declarations from parent of approved type for minor competitors (under 18 years);
  - technical degree certificate;

Every competitor proves the identity during the registration with ID, Passport or birth certificate.

## **Pattern:**

In **individual pattern** divisions competitors will perform **two designated** patterns chosen by the electronic system according to technical degree of participants. For **team pattern** – **one optional and one designated** by the electronic system.

- **Age categories:**

Boys and girls: 6-7 years, 8-9 years, 10-11 years, 12-13 years;  
Juniors: 14-17 years;  
Seniors: over 18 years.

- **Degree categories:**

- 10 gup: Saju Jirugi;
- 9 gup: Saju Jirugi and Saju Magki;
- 8 gup: Chon-Ji and Dan-Gun;
- 7 gup: from Chon-Ji to Do-San;
- 6-5 gup: from Chon-Ji to Uon-Hyo;
- 4-3 gup: from Chon-Ji to Chun-Gun;
- 2-1 gup: from Chon-Ji to Hwa-Rang;
- I dan: from Chon-Ji to Ge-Baek;
- II dan: from Chon-Ji to Juche;

- For the **Team pattern** competition (5 competitors teams) there will be 4 categories:

- ✓ Children (6-9 years) – for participation are allowed teams of boys, girls and mixed;
- ✓ Children (10-13 years) – for participation are allowed teams of boys, girls and mixed;
- ✓ Juniors (14-17 years) – for participation are allowed teams of males, females and mixed;
- ✓ Seniors (over 18 years) – for participation are allowed teams of males, females and mixed;

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## Sparring:

Competitors will participate in individual and team sparring categories according to acting ITF Tournament rules.

**Obligatory protective gear:** gloves and feet protectors of blue or red color (depending on the draw), no manufacturer requirements, if not available or not of acceptable type – will be provided for use by the organizer; groin protector inside the dobok (obligatory only for male competitors); mouth guard, helmet (no color requirements) for competitors 10-13 years.

**Optional protective gear:** helmet (no color requirements) for Juniors and Seniors, chest protectors (only for female competitors inside the dobok), shin guards of acceptable type.

### • Weight Categories:

#### - Children (10-13 years)

Boys (10-11 years): -30 kg; -35 kg; +35 kg;

Girls (10-11 years): -30 kg; -35 kg; +35 kg;

Boys (12-13 years): -35 kg; -40 kg; -45 kg, -50 kg, +50 kg;

Girls (12-13 years): -35 kg; -40 kg; -45 kg, -50 kg, +50 kg.

#### - Juniors (14-17 years)

Male: -50 kg, -56 kg, -62 kg, -68 kg, -75 kg, +75 kg;

Female: -45 kg, -50 kg, -55 kg, -60 kg, -65 kg, +65 kg.

#### - Seniors (over 18 years)

Male: -57 kg, -63 kg, -70 kg, -78 kg, -85 kg, +85 kg;

Female: -50 kg, -56 kg, -62 kg, -68 kg, -75 kg, +75 kg.

### • For the **Team sparring** competition (5 competitors teams) there will be 6 categories:

- ✓ Boys (10-13 years);
- ✓ Girls (10-13 years);
- ✓ Junior Male (14-17 years);
- ✓ Junior Female (14-17 years);
- ✓ Senior Male (over 18 years);
- ✓ Senior Female (over 18 years);

## Special Technique:

The initial height and length for the individual and team Special Technique divisions are the following:

	Twimyo Nopi Ap Cha Busigi	Twimyo Dollyo Chagi	Twimyo Bandae Dollyo Chagi	Twio Dolmyo Yop Cha Jirugi	Twimyo Nopi Yop Cha Jirugi *
Boys 8-9 years	155 cm.				
Boys 10-11 years	170 cm.	155 cm.			
Boys 12-13 years	185 cm.	170 cm.	165 cm.		
Junior Male	210 cm.	195 cm.	195 cm.	195 cm.	130 cm.
Senior Male	230 cm.	205 cm.	200 cm.	200 cm.	150 cm.
	Twimyo Nopi Ap	Twimyo Dollyo	Twimyo Nopi Yop		

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	Cha Busigi	Chagi	Cha Jirugi *
Girls 8-9 years	150 cm.		
Girls 10-11 years	165 cm.	150 cm.	
Girls 12-13 years	180 cm.	165 cm.	
Junior Female	190 cm.	175 cm.	100 cm.
Senior Male	200 cm.	185 cm.	120 cm.

\* For the Twimyo Nopi Yop Cha Jirugi technique the pointed parameters are the height of obstacle in front of the board

- If more than fifteen (15) children competitors are competing in one division they will be divided into two separate groups (with equal number of participants) according to their height. The target height for the group of the shorter competitors will be 5 cm. lower than the current, and the height for the taller group – 5 cm. higher.

- For the **Team special techniques** competition there will be 8 categories:

- ✓ Boys (10-11 years);
- ✓ Girls (10-11 years);
- ✓ Boys (12-13 years);
- ✓ Girls (12-13 years);
- ✓ Junior Male (14-17 years);
- ✓ Junior Female (14-17 years);
- ✓ Senior Male (over 18 years);
- ✓ Senior Female (over 18 years);

- The number of competitors per team in the Team special techniques competition is determined by the number of techniques to be performed according to gender and age. It is not allowed one competitor to perform more than one technique.

## Power test:

- For the Power test competition for Children (6-13 years) and Juniors (14-15 years) will be used dynamometer. Techniques: Sonkal Taerigi and Dolyo Chagi;
- For competitors over 16 years - 6 gup and above with initial number of boards for the Power Test competition:

	Ap-joomuk Jirugi	Sonkal Taerigi	Yopcha Jirugi	Dollyo Chagi	Bandae Dollyo Chagi
Junior Male	1	1	2	2	2
Senior Male	2	2	3	2	2

	Sonkal Taerigi	Yopcha Jirugi	Dollyo Chagi
Junior Female	1	1	1
Senior Female	1	2	2

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- For the **Team power test** competition there will be 12 categories:

- ✓ Boys (6-7 years);
- ✓ Girls (6-7 years);
- ✓ Boys (8-9 years);
- ✓ Girls (8-9 years);
- ✓ Boys (10-11 years);
- ✓ Girls (10-11 years);
- ✓ Boys (12-13 years);
- ✓ Girls (12-13 years);
- ✓ Junior Male (14-17 years);
- ✓ Junior Female (14-17 years);
- ✓ Senior Male (over 18 years);
- ✓ Senior Female (over 18 years);

- The number of competitors per team in the Team power test competition is determined by the number of techniques to be performed according to gender and age. It is not allowed one competitor to perform more than one technique.

## Traditional sparring:

- Minimum age: 14 years;
- Minimum degree: 4 gup.

The discipline will be conducted according acting competition rules of ITF.

## Coaches:

- All coaches must know the competition rules, in particular the coaches` obligations.
- The official Coaches-Umpires meeting will be held at 08:00 of 08 November 2014 in "Universiada" Sports Hall.

## Umpires:

- The umpires are ensured by the BAT Umpire Committee;
- The Jury President will be Mr Anton Ivanov;

## Participation expenditures:

- Participation fee: individual – **10.00 €**, teams - waived.
- All other expenses are on accounts of participant clubs.

## Organizing Committee Of Bulgarian Association of Taekwon-Do

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