

# **Irish Taekwon-Do Association 2006 Review of Activities**



**[www.taekwondo.ie](http://www.taekwondo.ie)**





The Irish Taekwon-Do Association is the result of a merger in May 2006 of the All Ireland Taekwon-Do Association and the Irish Taekwon-Do Association. The former keeping the logo design and the latter keeping the name. There are now 44 affiliated clubs.



The ITA is an Allied National Association with a democratic structure, affiliated to the International Taekwon-Do Federation under president Master Tran Trieu Quan.



The Irish Taekwon-Do Association recognises and supports the All Europe Taekwon-Do Federation under President Mr Tadeusz Loboda.

**THE  
IRISH SPORTS  
COUNCIL**



**AN CHOMHAIRLE SPÓIRT**

The Irish Taekwon-Do Association is the official organisation responsible for the development and promotion of ITF Taekwon-Do in Ireland in line with government sports policy and is recognised by the Irish Martial Arts Commission (IMAC), Irish Sports Council (ISC) and the Irish Government.



## January

**Seminar for ITA with Mr. Jerzy Jedut** in Donabate, Dublin January 28th – 29th. Mr. Jedut is the Chief of Technical Matters for the Polish Taekwon-Do Association and is the instructor of a number of pattern and sparring World Champions; such as Jaroslaw Suska, Daniel Dziala, Milosz Moskaluk and Mariusz Walach.



**International Club Match** in Donabate, Dublin January 28th – ITA Eastern Region, ITA Midwest Region, Impact England, Impact Scotland, MKS Lewart Lubartow



**Polish Winter Camp**, Wisla – 2006 Polish Taekwon-Do Winter Training Camp, organised by MKS Lewart Lubartow and Lublin Sport Taekwon-Do Club in Wisla, Poland from 30th January to 4th February. The camp was led by Mr. Tadeusz Łoboda VI Dan and Mr. Jerzy Jedut VI Dan from Poland. Mr. Łoboda is President of the All Europe Taekwon-Do Federation (AETF). People travelling from ITA Ireland included; Donal O'Donoghue, Darren Smith, Karl Kelly, Nicola McCutcheon, David O'Brien, Andrew Dolan, Luke Woods, Siobhan Kangataran and Sabina Mason.



## February

**ITA Junior Championships**, Cork: 2 day event, Juniors and Cadets, 420 competitors

**ITA Colour Belt Championships**, Ennis: 220 competitors

**Team Challenge Match in Dublin**  
ITA Ireland, AIMAA, Bushido Kickboxing, and WTF Ireland. Winners ITA Ireland.

**A special mention** to Siobhan Kangataran (ITA Midwest Region) 1st Degree, who travelled to Poland from February to March 2006 to train in the famous MKS Lewart Lubartow Club.



While there she travelled with Mr. Jedut's club to the following tournaments - Slovenian Open Championships, Maribor – (Silver in Pattern, Silver in Sparring), Polish Cup A, Starachowice (Silver in Sparring), Slovakian Open Championships, Presov (1 Gold in Sparring). In May she returned to Poland and was lucky to compete in the Polish National Championships, Kielce as part of MKS Lewart Female Team for patterns and sparring (Silver in Team Patterns, Bronze in Individual Sparring)



## March

### **INTA Open International**, Baldoye, Dublin

ITA Results: 24 Gold, 16 Silver, and 22 Bronze

#### **ITA Black Belt Testing**

Name	Promoted to
Elaine Hanley	2nd Dan
Clodagh Cullinan	1st Dan
Dermot Sheedy	1st Dan
Patrick Shanahan	1st Dan
Sean Furlong	1st Dan
Padraig O'Brien	1st Dan



**ITF Junior and Senior European Championships**, Constanta, Romania – attended by 7 Junior ITA members (Daniel Dillon, Paul Currivan, Philip McCauliffe, Bernard Nolan, Stephen Smullen, Aisling Greene, and Louise Carey). Taking home Bronze in Female Team Sparring and Silver in Male Team Pattern as part of the ITF Ireland Team.





**April**

**ITF Umpire Course,** Budapest, Hungary. Attended by Mr. O'Mahoney V Degree (Umpire Chairperson), Mr. Wheatley VI Degree (President), Mr. McNicholas IV Degree and Ms. King III Degree.

**ITA Midwest Junior Championships,** LIT Limerick, 200 competitors all aged 12 years and under

**Viking Cup,** Skovde, Sweden. Bronze medal 3rd/4th Dan patterns, Donal O'Donoghue. The championship included over 400 of the top ITF competitors from Belgium, Canada, Czech Republic, Finland, Ireland, Italy, Japan, Norway, Poland, Russia, Scotland, Sweden and Ukraine.



**International Instructors Course,** Dorking, England. Attended by 22 ITA members. 5 ITA members (Kevin Kinsella, Stephen Ryan, Jamie Rigney, Brian Coughlan, George Dignam) promoted to 4th degree and 1 to 5th degree (Mike Murphy)





## May

**ITA Southeastern Championships**, Wexford. 200 competitors junior and senior colour and black belts.

Saturday 13th May 2006 was an **historic day** for ITF Taekwon-Do in Ireland. Ireland's two ANAs (Allied National Associations) completed a merger process which took many months of hard work to coordinate. The Irish Taekwon-Do Association, is a democratic organisation which now comprises 38 clubs nationwide, covering; Dublin, Meath, Carlow, Wexford, Wicklow, Galway, Cork, Kerry, Waterford, Limerick, Clare and Tipperary. The Organisation is affiliated to the ITF and AETF and is a member of the Irish Martial Arts Commission (IMAC) and is therefore recognised by the Irish Sports Council.



### **Open Challenge Cup, Gent, Belgium**

14 Irish competitors participated in the Open Challenge Cup in Belgium on 28th May 2006. There were clubs from 6 countries competing; Belgium, Netherlands, Germany, Ireland, Portugal and Moldova. It was a big success for the Irish Taekwon-Do Association bringing home

19 medals; 3 Gold, 8 Silver and 8 Bronze. The team members were; Conor Cooley, Shona Dowd, Keith Cooley, Karl Hynes, Seamus Lehane, Karl Maxwell, Shane Kearns, Niall Cleary, Alan McQuillian, Gareth McGrath and Hayden Devoy. Mr. Cooley, Mr. O'Donoghue and Mr. Kelly led the trip.

## June

Mr. Adrian Byrne IV Dan and Mr. Stephen Ryan IV Dan travelled to **Lubartow** in Poland for one week of intensive training with Mr. Jerzy Jedut VI Dan. Mr. Byrne and Mr. Ryan trained in the famous MKS Lewart club, which won the Best Club at the 2005 European Cup and were also given extensive individual consultation by Mr. Jedut on ITF technical matters. During their stay Mr. Byrne and Mr. Ryan also had a productive meeting with Mr. Jedut and Mr. Loboda (AETF President) in the AETF Headquarters.



**International Instructors Course Cologne, Germany.** Attended by 2 ITA members, Mr. Jimmy Dowling and Mr. Eugene Murphy. Mr. Jimmy Dowling was promoted to 5th Degree by the ITF.



**Barada Sport Training Camp, Rogla, Slovenia.** 11 people from Ireland travelled to Slovenia to train at Sport Camp Barada from 9th-11th June. The camp was an intensive three days with training in Taekwon-Do, Kickboxing, Boxing, Cage Fighting, Tae Bo and BianBox. The camp was organised by Tomaz Barada from Slovenia, 3 times ITF World Champion, 6 times ITF European Champion, 3 times King of Taekwon-Do, 5 times European Kickboxing Champion, 6 times Kickboxing World Champion. Participating from the Irish Taekwon-Do Association were; Mr. Donal O'Donoghue, Mr. Karl Kelly, Ms. Nicola McCutcheon and Ms. Sabina Mason

**Master Wim Bos VIII Dan** visited Ireland from 16th - 18th June 2006 to conduct an Umpire Course and Technical Seminars. Guest of honour for the weekend was Mr. Mark Hutton VI Dan from Scotland. This was the first major activity since the merger of Ireland's two Allied National Associations (ANA) and was a very good environment for people from all over Ireland to train together and get to know one another.







The umpire course gave comprehensive information on the interpretation and application of ITF competition rules. The technical seminars covered application of techniques, step sparring and pre-arranged free sparring.



## July

### **Clare Taekwon-Do Schools** (ITA Midwest region)

completed their 13th annual sponsored walk in aid of the Children's Cancer Fund at Our Lady's Hospital for Sick Children. Mr. Kevin Kinsella, Mr. Stephen Ryan, Mr. Brian Coughlan and their students presented Mr. John Fitzpatrick of Our Lady's Hospital for Sick Children with a cheque for €5,000.



**ITA Summer Camp,** Dungarvan, Co. Waterford. Attended by 150 ITA members and 15 students' from Mr. Hutton's East Kilbride Taekwon-Do School, Scotland. Special guest was

Mr. Mark Hutton VI Dan who led seminars on each day. The camp was held over 6 days, covering all aspects of Taekwon-Do. Mr. Cooley V Dan, Mr. Buckley V Dan, Mr. O'Mahoney V Dan, Mr. Byrne IV Dan and Mr. Ryan IV gave instruction on each day. Individual consultation was also given each night.

### **ITA Black Belt Test**

Name	Promoted to:
Ann Curran	3rd Dan
Ciaran McCann	1st Dan
Dylan Connolly	1st Dan
Michael Lennon	1st Dan
Sarah Moore	1st Dan
Scott Hanway	1st Dan
Clara McDonald	1st Dan
Cormac Murphy	1st Dan
David Severn	1st Dan
Don Cusack	1st Dan
Jessie McGuire	1st Dan
Kevin Whelan	1st Dan
Laura Cullen	1st Dan
Leo Conroy	1st Dan
Maeve Buckley	1st Dan

### **August**

Midwest Taekwon-Do Schools of Shannon and Quin TKD hosted a successful Taekwon-Do **Workshop** on 5th August 2006. The workshop consisted of 2 hours training for juniors plus 2 sessions of 2 hours for adults. Modules covered included physical conditioning, patterns and sparring. The students got a chance to train with many experienced international competitors including; Mr. Adrian Byrne, Mr. Stephen Ryan, Mr. Donal O'Donoghue, Mr. Marcin Oworuszko, Mr. Tomasz Olek and Mr. Marcin Wronowski.



### **Docklands Summer Camp**

Four days of very hard training led by Mr. Jerzy Jedut VI Dan and Mr. Jaroslaw Suska V Dan. The course was attended by excellent competitors from England, Ireland, Belgium, France and Poland



## September

**ITA Midwest Regional Championships**, Ennis Co. Clare – 130 competitors. Competition for under 14 years of age up to blue belt

On Saturday 9th September Mary McAleese, **President of Ireland** launched the newly refurbished Ratoath Community Centre, which has been home to Ratoath Taekwon-Do Club for many years. There was an official launch attended by 3,000 people, which included a 30 minute demonstration of ITF Taekwon-Do.



ITF Taekwon-Do added to the **Physical Education** curriculum of Ratoath Community College. Congratulations to Mr. Stephen Cooley who has been the catalyst in these exciting developments.



Taekwon-Do accepted as part of **Physical Education** Curriculum in Ardscoil Ris Secondary School, Limerick. Mr. Stephen Ryan IV Degree, as a Physical Education Teacher in the Secondary School, was successful in getting Taekwon-Do accepted as part of the physical education programme. Taekwon-Do is now taught as an introductory module to all physical education classes in the school, with special intensive modules for transition year students.

### Challenge Match

ITA Midwest Vs. ITA East Region

ITA Technical and Instruction Committee meeting and training: development of new ITA 3-step sparring techniques.



## October

**The 2nd ITF Taekwon-Do World Cup**, which ran from 27th-29th October 2006, was the largest ever championships in the history of the ITF with over 850 competitors participating from all over the world. It was also the most successful championships in the history of Irish Taekwon-Do with an unprecedented 34 medals brought home to Ireland. The Irish Taekwon-Do Association (ITA) brought home 32 medals including; 8 Gold, 6 Silver and 18 Bronze, reaching the podium in every discipline, in both individual and team events.



### **ITA World Cup Results**

Gold	
Ireland "A"	Male Team Pattern
Stephen Cooley	+78 kg Sparring BB (36-45 years)
Philip McAulliffe	I Dan Pattern (15-17 years)
Haydn Devoy	-52 kg BB (12-14 years)
Lindsey Conway	-63 kg Sparring CB (18-35 years)
Aran O'Connor	-54 kg CB (18-35 years)
Edward Byrne	-78 kg CB (36-45 years)
Lorraine McCarthy	-45 kg Sparring CB (12-14 years)
Silver	
Ireland Junior "A"	Junior Male Team Pattern
Stephen Ryan	IV-VI Dan Pattern (18-35 years)



Marcin Oworuszko	-71 kg Sparring BB (18-35 years)
Keith Cooley	I Dan Pattern (12-14 years)
Aisling Greene	-55 kg Sparring BB (15-17 years)
Nicola Tornsey	+45 kg Sparring CB (12-14 years)
Bronze	
Ireland "A" (Stephen Ryan/Adrian Byrne)	Pre-Arranged Free Sparring
Female "B"	Female Team Pattern BB
Ireland Junior Female "B"	Female Team Sparring BB
Stephen Cooley	IV-VI Dan Pattern (36-45 years)
Louise McCagh	I Dan Pattern (12-14 years)
Fiona Kangataran	I Dan Pattern (15-17 years)
Jessica Cooley	+45 kg Sparring BB (12-14 years)
Caroline Smullen	-50kg Sparring BB (15-17 years)
Paul Currivan	+70 kg Sparring BB (15-17 years)
Emma Justice	Blue/Red Pattern (15-17 years)
Emma Justice	-60kg Sparring CB (15-17 years)
Adam Carter	+60 kg Sparring CB (12-14 years)
Shane Kearns	-45 kg Sparring CB (12-14 years)
Garreth McGrath	-45 kg Sparring CB (12-14 years)
Keith Molloy	-52 kg Sparring CB (15-17 years)
Michael Morrissey	-60 kg Sparring CB (12-14 years)
Bryan King	-71 kg Sparring CB (18-35 years)
Donal Kavanagh	-78 kg Sparring CB (36-45 years)

### **Best Club/Association**

Irish Taekwon-Do Association (ITA Ireland Team)  
placed 4th out of 87 clubs/associations



### **Black Belts**

Ireland's Blackbelts placed 3rd overall  
in World Cup

### **Best Country**

Ireland placed as 5th Best Country

These results follow on from the ITA Ireland Team's success in the 2005 European Cup, where we placed 2nd in Europe overall.

**ITF Leadership Camp** and Course on the Do. Attended by Mr. Kenneth Wheatley, VI Dan (President). This was held in Benidorm the week leading up the World Cup.

**Workshop on Teaching the Do.** Attended by Mr. Kevin Kinsella IV Dan (Treasurer). This was held during the ITF World Cup in Benidorm. The course focused specifically on the tenets of Taekwon-Do, and how to teach the tenets to students.



**Dutch Promat Open Championships.** 9 Gold, 12 Silver, 16 Bronze

## November

**Micheál Martin TD** and the Lord Mayor of Cork were special guests at a Taekwon-Do FUN DAY organised to celebrate ITA Ireland's success at the World Cup in Spain. Cork competitors won 3 gold, 2 silver and 5 bronze medals as part of the Irish Taekwon-Do Association's 32 medal tally. Philip McAuliffe, Lorraine McCarthy and Aaron O'Connor are the New World Cup Champions from the Southern Region. The day was organised by instructors; Mr. Mark Buckley V Dan and Mr. Leonard Coughlan II Dan.



**Scottish Open Championships.** 10 Gold, 11 Silver, 8 Bronze



**Irish Cup International:** The first edition of Irish Cup International was a big success attracting 328 competitors to UL Arena, Limerick on 11th and 12th November 2006. This high quality event was well organised and ran in a professional manner, with every event timed precisely and running to schedule under the leadership of Mr. Adrian Byrne, Tournament Director and Mr. Adrian O'Mahony, Umpire Chairperson. The event finished on a high with the team event finals; Team Pattern ITA Midwest Region v ITA Eastern Region and Team Sparring Rivervalley/Ratoath (Coached by Mr. Stephen Cooley) v Mulhuddart Sport TKD Club (Coached by Ms. Joanna Paprocka). The venue for next year's Irish Cup International will be the National Basketball Arena in Dublin on 24th–25th November 2007. Next year's event promises to be even bigger with the possibility of professional bouts and television coverage currently in negotiation with interested sponsors.


A poster for the Irish Cup Taekwondo event. It features a central image of two competitors in white uniforms sparring, one performing a high kick. The background is green with a large circular logo that says "TAEKWON-DO AS". Below the image is a banner with various national flags. At the bottom, there is text about the venue, dates, and ticket prices, along with the logo of the International Taekwondo Federation (ITF) and the text "CORP NA BEIREANN".

**Irish Cup**

TAEKWON-DO AS

UNIVERSITY ARENA  
UNIVERSITY OF LIMERICK  
11TH - 12TH NOVEMBER  
2006

SPECTATOR TICKET €4  
FAMILY TICKET €10

INTERNATIONAL TAEKWON-DO FEDERATION  
CORP NA BEIREANN

SATURDAY  
CADETS AND ADULTS  
INDIVIDUAL COMPETITION

SUNDAY  
JUNIOR COMPETITION  
ADULTS TEAM EVENTS



### ***Individual Club Standings:***

Instructor	Club/Clubs	Gold	Silver	Bronze	Points
Mr. Stephen Cooley	Ratoath/Rivervalley	23	18	29	134
Mr. Adrian Byrne	Shannon/Tipperary	12	18	18	90
Mr. Mark Buckley	Cork clubs	12	8	10	62
Mr. Leonard Coughlan	Bandon/Mahon	7	5	5	36
Mr. Stephen Ryan	Quin	3	6	14	35
Mr. Kevin Kinsella	Ennis	4	4	4	24
Mr. Mark Hutton	East Kilbride	6	0	3	21
Mr. Donal O'Donoghue	Mulhuddart Sport TKD Club	2	4	6	20
Mr. Adrian O'Mahoney	Tralee/Listowel	2	2	3	13
Mr. Luke Laffan	Waterford	0	2	6	10
Mr. Ken Wheatley	Greystones	0	2	5	9
Mr. Patrick O'Rourke	Wexford	1	0	3	6
Mr. Henry O'Neill	Arklow	0	2	1	5
Mr. Brian Coughlan	Ballyea/Barefield	0	0	2	2
Mr. John Barry	Barntown	0	0	1	1

### **December**

***English Open Championships.*** 12 Gold, 14 Silver, 16 Bronze

### ***ITA Black Belt Test***

This was another significant day for the Irish Taekwon-Do Association as this was the first unified black belt testing since the merger of Ireland's two ANAs.

Name	Promoted to:
Alan McDonagh	3rd Dan
Daniel Dillon	2nd Dan
Gerard O'Rourke	2nd Dan
Michael Lyndsay	1st Dan
Lindsay Conway	1st Dan
Kieran Lernihan	1st Dan
Luke Carroll	1st Dan
Shane 'Connor	1st Dan
Irene Greene	1st Dan
Emma Justice	1st Dan
Edward Dillon	1st Dan
Aran O'Connor	1st Dan
Adam Carter	1st Dan



