



IRISH NATIONAL TAEKWON-DO ASSOCIATION (I.N.T.A.)

15th I.N.T.A Open I.T.F International Taekwon-Do Tournament 1st and 2nd of March 2014, Kilkenny, Ireland

INVITATION

Dear Masters / Instructors,

It is with great pleasure that, on behalf of the I.N.T.A., I would like to invite you and your students to the 15th I.N.T.A. Open I.T.F. International Taekwon-Do Tournament, to be held on Saturday and Sunday the 1st and 2nd of March 2014.

I hope that you can join us in Kilkenny for this event.

The competition will be run under I.T.F. rules, with divisions for male and female, senior and junior, colour belt and black belt.

All junior colour belts up to 15 years will partake on Saturday 1st March.
All competitors of 16 years and older and all junior black belts will partake on Sunday 2nd March.

Looking forward to seeing you in March.

On behalf of the president of the I.N.T.A. Master Brendan O'Toole 8th Degree,

Yours in Taekwon-Do,

Jeroen Wezelman, 2nd degree
Tournament Director
+353 87 2901 377





INTA Open ITF International Taekwon-Do Tournament - Details

Venue: The Watershed Sports centre, Kilkenny, Ireland. www.thewatershed.ie

Date: Saturday 1st March 2014 – All junior colour belts up to 15 years of age.
Sunday 2nd March 2014 – All competitors of 16 years and older and all junior black belts.

Time: 10.00 AM sharp (9.00 AM for Referees) both days.

Rules: I.T.F. Competition Rules

Fee:

	9th Kup	8th-1st Kup	I-VI degree	Power
Junior	€10	€25	€30	N/A
Senior	€15	€35	€40	€10 extra

Family discount applies to 2 or more entrants of the same family: €5 off per member.

Trophies: Patterns: 1st, 2nd and joint 3rd
Sparring: 1st, 2nd and joint 3rd
Children's Special Technique: 1st (Male and Female, under 8, under 10 & under 12)

All INTA members are obliged to fill out their INTA membership number on the entry form and in the soft copy, with the exception of yellow tags.

All **soft copy entry forms** must be received by Mr Jeroen Wezelman no later than 7th February 2014. Please send to jeroen.wezelman@inta.ie.

Late entries will be refused.

All **competitor application forms, delegation entry form and fees** must be returned no later than 14th February 2014.

Please send to Mr Jeroen Wezelman

21 Cleevaun

Naas

Co. Kildare

Ireland

Any entry unpaid by 14th February will be removed from the competition.





Transport to Kilkenny:

There is a public shuttle Bus Service available from Dublin airport to Kilkenny city or alternatively we can arrange a private coach for your group, price will depend on your group size. Contact us for more info on this

Accommodation:

Information on Hotels and bed and breakfast in the Kilkenny area can be obtained on request from

jeroen.wezelman@inta.ie

+353872901377





Junior Divisions

PATTERNS

Colour Belts & Black Belts

1st 2nd & Joint 3rd PLACES

(Male and Female will compete together)

Category	Day	Grade	Pattern
8 yrs & Under	Saturday	Yellow Tip & Yellow Belt	Pattern of choice
8 yrs & Under	Saturday	Green Belt	Pattern of choice
9 to 11 yrs	Saturday	Yellow tip & Yellow Belt	Pattern of choice
9 to 11 yrs	Saturday	Green Belt	Pattern of choice
11 yrs & Under	Saturday	Blue Belt	Pattern of choice
11 yrs & Under	Saturday	Red Belt	Pattern of choice
12 to 15 yrs	Saturday	Yellow tip & Yellow Belt	Pattern of choice
12 to 15 yrs	Saturday	Green Belt	Pattern of choice
12 to 15 yrs	Saturday	Blue Belt	Pattern of choice
12 to 15 yrs	Saturday	Red Belt	Pattern of choice
12 to 15 yrs	Sunday	Black Belt	2 Designated
16 to 17 yrs	Sunday	Yellow tip & Yellow Belt	Pattern of choice
16 to 17 yrs	Sunday	Green Belt	Pattern of choice
16 to 17 yrs	Sunday	Blue Belt	Pattern of choice
16 to 17 yrs	Sunday	Red Belt	Pattern of choice
16 to 17 yrs	Sunday	Black Belt	2 Designated

****Categories may be amalgamated depending on competitor numbers***



Junior Divisions SPARRING

Colour Belt

1st 2nd & Joint 3rd PLACES

(Separate categories for male and female)

8 to 13 years: 2 Height Divisions

14 to 17 years: 2 Weight Divisions

(Weight & Height Divisions to be decided)

Category	Competition Day	Grade
8yrs and Under	Saturday	Yellow Belt
8yrs and Under	Saturday	Green Belt
9 to 10yrs	Saturday	Yellow Belt
9 to 10yrs	Saturday	Green Belt
9 to 10yrs	Saturday	Blue belt
9 to 10yrs	Saturday	Red Belt
11 to 13yrs.	Saturday	Yellow Belt
11 to 13yrs.	Saturday	Green Belt
11 to 13yrs.	Saturday	Blue Belt
11 to 13yrs.	Saturday	Red Belt
11 to 13yrs.	Sunday	Black Belt
14 to 15yrs.	Saturday	Yellow Belt
14 to 15yrs.	Saturday	Green Belt
14 to 15yrs.	Saturday	Blue Belt
14 to 15yrs.	Saturday	Red Belt
14 to 15yrs.	Sunday	Black Belt
16 to 17yrs.	Sunday	Yellow Belt
16 to 17yrs.	Sunday	Green Belt
16 to 17yrs.	Sunday	Blue Belt
16 to 17yrs.	Sunday	Red Belt
16 to 17yrs.	Sunday	Black Belt

****Categories may be amalgamated depending on competitor numbers***



Junior Divisions SPARRING Black Belts 1st 2nd & Joint 3rd PLACES

JUNIOR WEIGHT DIVISIONS

Male:

- | | |
|-----------------|------------------|
| (a) MICRO | Up to 50 kg |
| (b) LIGHT | Over 50 to 56 kg |
| (c) MIDDLE | Over 56 to 62 kg |
| (d) LIGHT HEAVY | Over 62 to 68 kg |
| (e) HEAVY | Over 68 to 75 kg |
| (f) HYPER | Over 75 kg |

Female:

- | | |
|-----------------|------------------|
| (a) MICRO | Up to 45 kg |
| (b) LIGHT | Over 45 to 50 kg |
| (c) MIDDLE | Over 50 to 55 kg |
| (d) LIGHT HEAVY | Over 55 to 60 kg |
| (e) HEAVY | Over 60 to 65 kg |
| (f) HYPER | Over 65 kg |

****Categories may be amalgamated depending on competitor numbers***

Junior Divisions SPECIAL TECHNIQUE (ALL BELTS, CHILDREN 12yrs AND UNDER) 1st PLACE

All children of 12 and under are automatically registered for this event.

Category	Techniques
Female 8yrs and Under	Overhead Kick
Male 8yrs and Under	Overhead Kick
Female 9 to 10yrs	Overhead Kick
Male 9 to 10yrs	Overhead Kick
Female 11 to 12yrs	Overhead Kick
Male 11 to 12yrs	Overhead Kick



Senior Devisions PATTERNS Colour Belts and Black-belts 1st 2nd & Joint 3rd PLACES

Black belt competitors must perform 2 Designated patterns

Category	Grade	Designated Pattern
18yrs and over	Yellow tip & Yellow Belt	Pattern of choice
18yrs and over	Green Belt	Pattern of choice
18yrs and over	Blue Belt	Pattern of choice
18yrs and over	Red Belt	Pattern of choice
18yrs. and over	I Degree	Chon-Ji – Ge-Baek
18yrs. and over	II Degree	Chon-Ji – Juche
18yrs. and over	III Degree	Chon-Ji – Choi-Yong
18yrs. and over	IV – VI Degree	Chon Ji – Moon-Moo



Senior Devisions SPARRING Colour Belts

Male

3 weight divisions: <71kg, <80Kg, +80Kg

Category	Grade
18yrs. and over	Yellow Belt
18yrs. and over	Green Belt
18yrs. and over	Blue Belt
18yrs. and over	Red Belt
35yrs. and over**	Yellow & Green Belt
35yrs. and over**	Blue & Red Belt

Female

2 weight divisions: 70kg, + 70kg

Category	Grade
18yrs. and over	Yellow Belt
18yrs. and over	Green Belt
18yrs. and over	Blue Belt
18yrs. and over	Red Belt
35yrs. and over**	Yellow & Green Belt
35yrs. and over**	Blue & Red Belt

**Categories may be amalgamated depending on competitor numbers*

***These categories are not obligatory; a competitor over 35 years old can decide to stay in the over 18s by NOT checking the over 35s box on the competitor application form*



Senior Devisions SPARRING Black Belts

SENIOR WEIGHT DIVISIONS

Male:

- | | |
|-----------------|------------------|
| (a) MICRO | Up to 57 kg |
| (b) LIGHT | Over 57 to 63 kg |
| (c) MIDDLE | Over 63 to 70 kg |
| (d) LIGHT HEAVY | Over 70 to 78 kg |
| (e) HEAVY | Over 78 to 85 kg |
| (f) HYPER | Over 85 kg |

Female:

- | | |
|-----------------|------------------|
| (a) MICRO | Up to 50 kg |
| (b) LIGHT | Over 50 to 56 kg |
| (c) MIDDLE | Over 56 to 62 kg |
| (d) LIGHT HEAVY | Over 62 to 68 kg |
| (e) HEAVY | Over 68 to 75 kg |
| (f) HYPER | Over 75 kg |

****Categories may be amalgamated depending on competitor numbers***

Weigh in for Black Belts:

- | | |
|----------|---|
| Saturday | 11.00 AM - 12.00 Noon,
4.00 PM - 5.00 PM |
| Sunday | 9.00 AM - 11.00 AM |





Senior Devisions SPARRING Black Belts 40+*

2 weight divisions: 80Kg, +80Kg

Category	Grade
40yrs. and over	I Degree – VI Degree

Senior Female over 40 years Black Belt

2 weight divisions: 70kg, + 70kg

Category	Grade
40yrs. and over	I Degree – VI Degree

****These categories are not obligatory; a competitor over 40 years old can decide to stay in the over 18s by NOT checking the over 40s box on the competitor application form***





Junior and Senior Devisions POWER Black Belts

Male and Female Senior Black Belts only.

It is facultative for each competitor to attempt each item listed, for his/her group.

Male

- a. Ap-joomuk Jirugi
- b. Sonkal Taerigi
- c. Yopcha Jirugi
- d. Dollyo Chagi
- e. Bandae Dollyo Chagi

Female

- b. Sonkal Taerigi
- c. Yopcha Jirugi
- d. Dollyo Chagi





Irish National Taekwon-Do Association 2014 International Open Championships

The Watershed Sports Centre, Kilkenny (www.thewatershed.ie)

Saturday 1st March 2014, 10:00 AM

Sunday 2nd March 2014, 10:00 AM

Competitor Application Form

First Name: _____ Family Name: _____

Date of Birth: _____ Age (on 01/03/14): _____ Sex (M / F): _____

Rank: _____ KUP/DEGREE Height: _____ cm Weight: _____ kg INTA Membership No: _____

ITF Certificate Number (Black Belts Only): _____

Name of Taekwon-Do School: _____

Association Name: _____

Instructor's Name: _____ Degree: _____

I confirm that all information given below is true and correct and I agree to abide by the tournament rules and accept the Chief Umpires' decision as final.

I confirm that I am physically fit to participate in this event.

I wish to participate in (please 'X' clearly):

Patterns ☐

Sparring ☐

Power ☐

Colourbelt sparring 35+ ☐

Black belt sparring 40+ ☐

All participants of 12 years and below are automatically registered for special technique.

Competitors Signature: _____ Date: _____
(Parent/Guardian if competitor is under 18 years)

Instructors Signature: _____ Date: _____

Completed form plus fees to be returned to my instructor not later then _____ / _____ / 2014

ALL CHEQUES / P.O.s payable to "INTA".

Note: Groin guards (males) and transparent mouth guards (all competitors) as well as fitting hand and foot pads are mandatory for sparring competition. No exceptions will be made to this rule.

All competitors must wear head gear.





DELEGATION ENTRY FORM

Head of Delegation: _____

Country: _____ Association: _____

School: _____

Address: _____

Telephone: _____ Fax: _____ Email: _____

Coach Name: _____ Grade: _____

Umpire List

Name	Saturday and/or Sunday?	Grade	Class (A, B, C, None)

Each School must have one Qualified Umpire for every ten competitors:
i.e. 1-10 competitors = 1 umpire, 11-20 competitors = 2 umpires, etc.

If a club/school cannot send a referee then a surcharge of €50 must be paid otherwise the entries cannot be accepted.

All competitors must have full insurance cover for this competition and will be only allowed to compete in official ITF dobuks and approved safety equipment: head guard, hand pads covering fingers, foot pads, gum shield; men must wear a groin guard.

MUST BE SIGNED BY HEAD OF DELEGATION

I state that the information given on this entry form and the competitor's entry form is true and correct, and that all the competitors and officials from my delegation hold themselves responsible for any injury they may sustain during this competition and have full insurance cover for any such eventuality.

Signature: _____

