



WELCOME TO 106th

International Instructors Course

in Tampere Finland,
6th-8th November 2015



Grand Master
Hector Marano IX Dan
Argentina



Grand Master
Ung Kim Lan IX Dan
Germany



Master
Paul McPhail VIII Dan
New Zealand

Master, **Donato Nardizzi VIII Dan, England**



SUOMEN ITF TAEKWON-DO
ITF Taekwon-Do Finland



ITF Taekwon-Do Finland

Dear Grand Masters, Masters, Instructors and Students,

On behalf of our Masters and Instructors, we are honored to invite you all to the 106th International Instructor Course that will be held in Tampere, Finland on the 6th - 8th November 2015.

The course will be conducted by the International Taekwon-Do Federation (ITF) technical committee:

- Grand Master Hector Marano, IX degree, Argentina
- Grand Master Ung Kim Lan, IX degree, Germany
- Master Paul McPhail, VIII degree, New Zealand

We are also pleased to welcome again the Taekwon-Do Kids Chair: Master Donato Nardizzi, VIII degree.

The 106th International Instructor Course is open to all ITF members 1st - 9th degree. The ITF Promotion Committee will also be holding a 4th - 8th degree Black Belt Grading on Saturday the 7th November during lunch break if applications are received.

The venue we have chosen to host this event is the stunning Varala Sports Institute that will be offering accommodation as well as meals during the entire event.

The event is organized by two major Tampere Taekwon-Do Schools: Black Eagle Taekwon-Do as well as Tampere Taekwon-Do Club, under the tutelage of the International Taekwon-Do Federation and ITF Finland.

On behalf of ITF Finland and IIC Finland 2015 Organizing Committee,

Master Thierry Meyour, VII degree

ITF Finland President

info@iic2015.fi

www.iic2015.fi



ITF Taekwon-Do Finland

IIC INFORMATION

VENUE

The course will take place at the Varala Sports Institute

Address:

Varalankatu 36
33240 Tampere
FINLAND

www: <http://varala.fi/english>

<http://www.iic2015.fi/venue>





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COURSE ITINERARY:

REGISTRATION:

Thursday Evening 18:00 – 21:00: Varala Sports Center IIC Venue

Friday Morning 10:00 – 12:00 Varala Sports Center IIC Venue

SESSIONS:

Friday:

13.15-13.50: All course participants assemble in venue to await arrival of the Grand Masters and Masters of the Technical Committee.

14.00-18.00: Course 1st to 9th degree, Hall 1

Saturday:

08.15-09.00: Hall 1 is opened. Participants line up waiting for the Technical Committee members to arrive

09.00-11.00: Course 1st to 9th degree, Hall 1

11.00-13.00: Course 4th to 9th degree, Hall 1, and course 1st to 3rd degree, Hall 2

13.00-14.00: Lunch Break (13.00-14.30 grading if applications are received, Hall 1)

14.00-17.00: TKD Kids, Hall 1

17.30-18.30: Dinner

19.30- Late: Banquet

Sunday:

08.15-09.00: Hall 1 is opened. Participants line up waiting for the Technical Committee members to arrive

09.00-13.00: Course 4th to 9th degree, Hall 1, and course 1st to 3rd degree, Hall 2

13.00-13.45: Certificate distribution and photo session, Hall 1

13.45 The IIC will be officially closed until we meet again in Tampere for the European Championships 2016.

13.45-14.30 Lunch



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COURSE REGISTRATION AND PAYMENT OF COURSE FEES

INDIVIDUAL REGISTRATION

All registrations must be done through our online system

www.iic2015.fi/registration

In order to get your credentials, please contact Mr Lasse Kuusisto: lasse.kuusisto@taekwon-do.fi.

AS WELL AS

the ITF online system

<http://tkd-itf-online.org/en/masterlogin.aspx>

IMPORTANT: Inscription on both systems can only be done via your NA or AA.

FEES:

COURSE FEE:

1st-3rd degree: 120 €

4th-6th degree: 150 €

7th degrees and above: 75 €

(Paid in cash upon arrival at the venue)

INSCRIPTION FEE:

All participants: 50 € (to be paid by bank transfer in advance)

BANQUET FEE:

35 € (to be paid by bank transfer in advance)

DEGREE TESTING:

TEST FOR DEGREE PROMOTIONS:

Participants wishing to test for promotion must:

- Send the application form through the National/Allied Association at least one (1) month before the promotion date to the ITF Administration HQ.
- Bring 5 wooden boards measured 30x30x2 cm. (Boards will be on sale at the venue if needed).
- Pay their ITF degree certificate and grading fee one hour prior to the grading.
- Test for degree promotion will be on Saturday afternoon
- No spectators are allowed during the degree promotion.
- His/her Instructor may accompany the candidate.



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ACCOMMODATION:

The IIC organizing committee recommends staying in Varala Sports Institute where we have secured several double rooms. If you wish to book the Varala accommodation, it has to be done through the online system www.iic2015.fi/registration.

The rooms in Varala can be booked Friday-Sunday and they include full board (Fri: dinner, Sat: breakfast, lunch & dinner, Sun: breakfast & lunch). The price for the weekend is 158 €/person. Accommodation in Varala is not available Thursday-Friday, please see below for further information.

There are other options in the area if you do not wish to use Varala or need to book an extra night. The closest hotel to the IIC venue is Scandic Hotel Rosendahl (<http://www.scandichotels.com/Hotels/Finland/Tampere/Scandic-Rosendahl/#.VMtOLmNv2-U>), and you can find many options via www.trivago.com.

Those not staying in Varala can still book meals for the weekend through the online registration system. The price for individual lunch is 14 € and dinner 10 €.

Accommodation in Varala should be paid in advance. See PAYMENTS section for more info.

PAYMENTS:

The currency in Finland is the Euro

Inscription, Varala accommodation and banquet fees **MUST** be paid by the 21.09.2015

BANK ACCOUNT: FI50 1572 3000 3484 90

BIC: NDEAFIHH

Make sure to pay ALL charges for the international bank transfer.

Cancellations:

- Inscription fee is non-refundable under any circumstances related to either travelling issues (visas, flight delays, etc.) or medical issues.
- 50% Banquet fee and Varala accommodation are refundable until 16.10.2015.
- After 16.10.2015 there will be no refund for Banquet and Varala accommodation.



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ARRIVING TO TAMPERE:

Tampere has its own airport called Tampere-Pirkkala airport.

The airport is located about 15 mins drive from Tampere city center and about 20 mins from Varala Sports Institute.

We recommend using flight search engines like www.momondo.com, or www.skyscanner.com to find the best fares.

A taxi from the airport to Varala would cost about 45 €.

Another option is arriving to Helsinki and taking a bus/train from there to Tampere (Approx 2h). The bus/train will take you to Tampere bus/train station located in the city center. From there you can get a taxi to Varala sports center for approx. 16 €.

VISAS:

Countries who need VISA for entering Finland should apply for it through the Finnish Embassy in their country as soon as possible. Send a copy of the Official Invitation letter to the Finnish Embassy and a list with the names of the persons travelling, dates of birth, passport date of issuing and expiration, name, address, telephone and e-mail to the head of the group during travelling. Important! Please also send a copy to info@iic2015.fi

LIABILITY: ITF Finland, Black Eagle Taekwon-Do and Tampere Taekwon-Do Club are not responsible for any injury that might occur during the course. Participants must have a proper insurance that will cover them during their stay in Finland.

WELCOME TO TAMPERE!

For more regular info, visit our website: www.iic2015.fi

And like our [Facebook page](#).



www.budoland.com

