



25th Senior and 16th Junior

## EUROPEAN TAEKWON-DO CHAMPIONSHIPS

Sweden, Skövde 30th of April - 2nd of May 2010

### ADDITIONAL INFORMATION

**No: 2**

9<sup>th</sup> of March 2010

**Regarding: Number of boards for power breaking and heights/lengths for special techniques.**

On behalf of the AETF's Tournament and Umpire Committee we will inform that the heights for special techniques and the number of boards for the power breaking during the European Championships 2010 will be as follows:

	Senior male	Senior female	Junior male	Junior female
<b>Power Breaking</b>	boards	boards	boards	boards
Ap-Joomuk Jirugi	<b>2</b>		<b>1</b>	
Sonkal Taerigi	<b>2</b>	<b>1</b>	<b>2</b>	<b>1</b>
Yopcha Jirugi	<b>3</b>	<b>2</b>	<b>3</b>	<b>2</b>
Dollyo Chagi	<b>2</b>	<b>2</b>	<b>2</b>	<b>1</b>
Bandae Dollyo Chagi	<b>2</b>		<b>1</b>	
<b>Special Techniques</b>	heights	heights	heights	heights
Twimyo Nopi Apcha Busigi	<b>270</b>	<b>220</b>	<b>260</b>	<b>210</b>
Twimyo Nomo Yopcha Jirugi	<b>250</b>	<b>180</b>	<b>230</b>	<b>160</b>
Twio Dolmyo Yopcha Jirugi	<b>230</b>		<b>210</b>	
Twimyo Dollyo Chagi	<b>250</b>	<b>200</b>	<b>240</b>	<b>190</b>
Twimyo Bandae Dollyo Chagi	<b>220</b>		<b>210</b>	

Best regards  
Swavek Dydiszko  
Head of the Organizing Committee