



Proudly Presents

# STEPHEN “the Dragon” TAPILATU

Tampere: 07-08.03.2015



Dear Instructors and students,

A couple of years ago, we had the pleasure to one of ITF's most famous sparring champion Tomasz Barada, this year, we have decided to give you the opportunity to train with his "nemesis" Stephen "the Dragon" Tapilatu.

Sabum Tapilatu needs no introduction and his resume speaks for itself:

2 times World Champion  
2 times European Champion  
2 times King of Taekwon-Do

He is also known for popularizing the use of the front leg side kick in ITF sparring style.

This is yet another "NOT TO MISS" Black Eagle Taekwon-Do "Legends" seminar.

The seminar will take place in Tampere on the 07-08.03.2015.

We warmly welcome you and hope that you will enjoy every minute of that unique experience.

Best Regards,

Master Thierry Meyour  
VII Degree  
Black Eagle Taekwon-Do Head Instructor.

## GENERAL INFORMATION

The seminar's content is planned by Mr. Tapilatu but the main themes will be:

Physical conditioning, kicking and punching combinations for ITF sparring style and mental preparation.

The seminar is open to all ITF Finland members with a valid license and insurance from 8 Gup and above aged 10 and above.

This seminar is also open to the other ITF as well as Light/Semi contact kick boxing, holding a proper insurance. This seminar is a must for practitioners aiming for international results.

You will need to have: ITF official dobok (or your martial arts style's uniform), full set of protective equipment (head gear is compulsory for practitioners under 18y.o.)

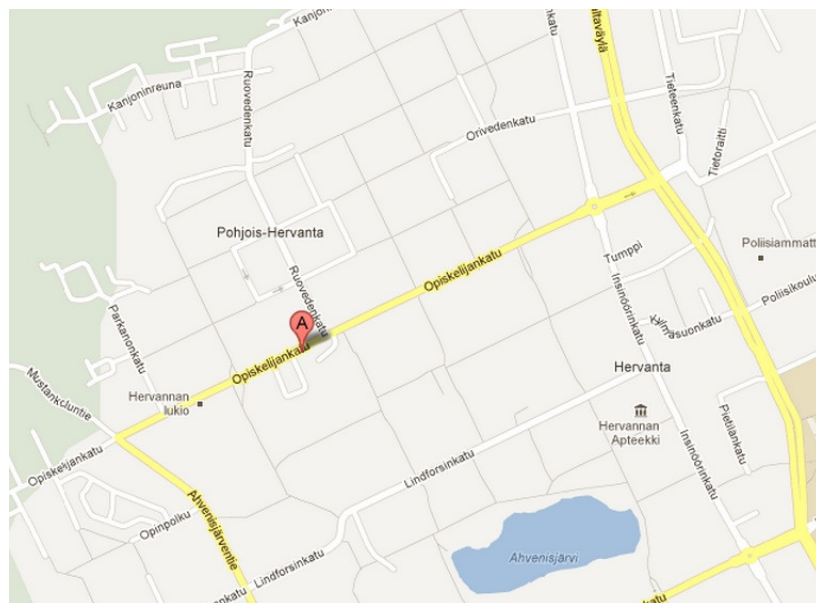
**Date:** 07-08.03.2015

**Place:**

**POHJOIS-HERVANNAN KOULU,**

Opiskelijankatu 29

33720 Tampere, Finland



## SEMINAR SCHEDULE:

### Saturday:

10.00: Hall Opens  
10.30-12.00: Seminar - 10-12 y.o  
12.00-14.00: Break  
14.00-15.30: Seminar - 13 y.o and above (all belts)  
15.30-16.00: Photo Session

### Sunday:

10.00: Hall Opens  
10.30-12.00: Seminar - 13 y.o and above (all belts)  
12.00-13.30: Break  
13.30-15.30: Seminar – 13 y.o and above (2<sup>nd</sup> gup and above).  
15.00-15.30: Q&A

## SEMINAR FEE AND PAYMENT INFORMATION:

### Fees:

#### EARLY (REGISTERED AND PAID BY THE 03.11.2014)

Age	grade	1 session (SITF)	2 sessions (SITF)	3 sessions (SITF)	1 session (other)	2 sessions (other)	3 session (other)
10-12 y.o	All	15 €			20 €		
13 y.o +	All	25 €	40 €		30 €	45 €	
13 y.o +	2nd gup +	25 €	40 €	55 €	30 €	45 €	60 €

#### STANDARD (REGISTERED AND PAID BY THE 01.12.2014)

Age	grade	1 session (SITF)	2 sessions (SITF)	3 sessions (SITF)	1 session (other)	2 sessions (other)	3 session (other)
10-12 y.o	All	20 €			25 €		
13 y.o +	All	30 €	45 €		35 €	50 €	
13 y.o +	2nd gup +	30 €	45 €	60 €	35 €	50 €	65 €

#### RUSH (REGISTERED AND PAID BY THE 05.01.2015)

Age	grade	1 session (SITF)	2 sessions (SITF)	3 sessions (SITF)	1 session (other)	2 sessions (other)	3 session (other)
10-12 y.o	All	25 €			30 €		
13 y.o +	All	35 €	50 €		40 €	55 €	
13 y.o +	2nd gup +	35 €	50 €	60 €	35 €	50 €	65 €

#### LATE (REGISTERED AND PAID BY THE 02.03.2015)

Age	grade	1 session (SITF)	2 sessions (SITF)	3 sessions (SITF)	1 session (other)	2 sessions (other)	3 session (other)
10-12 y.o	All	30 €			35 €		
13 y.o +	All	40 €	55 €		45 €	60 €	
13 y.o +	2nd gup +	40 €	55 €	65 €	40 €	55 €	70 €

## REGISTRATION

Registration is done through ITF Finland's online system at the following address:

[www.taekwon-do.fi/ilmoittautuminen](http://www.taekwon-do.fi/ilmoittautuminen)

If you are a non ITF Finland's club, please request your credentials from

[lasse.kuusisto@taekwon-do.fi](mailto:lasse.kuusisto@taekwon-do.fi)

## Cancellation/modification policy (Any reason):

### Cancellation after payment received:

Before 01.12.2014: 80%

Before 05.01.2015: 50%

Before 02.03.2015: 25%

After 02.03.2015: No refund.

**Modification after payment received: 10€ whatever the change.**

**We highly recommend switching participant rather than cancelling.**

Payment should appear on our school's account latest on the deadline you decide to follow. Do not wait for the last moment to register your members.

**There is a limit of 100 participants per session. WE WILL FOLLOW THE "FIRST COME FIRST SERVED" BASIS:**

Black Eagle Taekwon-Do:

IBAN: FI03 1682 3500 0118 01

SWIFT: NDEAFIHH

**STATE IN THE MESSAGE BOX THE NAME OF THE CLUB AND AMOUNT OF PARTICIPANTS.**

**NOTE: WE ONLY ACCEPT REGISTRATION THROUGH CLUBS NOT INDIVIDUALS.**

## ACCOMMODATION:

1- The closest Hotel is

Hotel Hermica: 200m from the seminar venue.

<http://www.hermica.fi/>

Special prices have been arranged:

74€/Single room

86€/Double room

99€/Triple room

Those prices INCLUDE breakfast.

**In order to get those prices, rooms MUST be booked before the 02.02.2015**

2- Accommodation at the Black Eagle Taekwon-Do Dojang

**There is also the possibility to sleep at our Dojang on the tatami for 5€/person dressing rooms and showers are available.**

**ONLY FOR THE NIGHT FROM SATURDAY TO SUNDAY.**

**Accommodation is done through our club send the attached accommodation application to [betkdseminars@gmail.com](mailto:betkdseminars@gmail.com)**