

## **Proudly Presents**

### **MASTER**

## JERZY JEDUT VII DAN

Tampere: 01-02.02.2014



Coach of Taekwon-Do Legendary Polish National Team and most notably:

**Jaroslaw Suska** 

**Daniel Dziala** 

Dear Instructors and students,

A couple of years ago, we had the pleasure to host ITF most recognized champion ever: Jaroslaw Suska (5 times World Champion, 20 times European Champion). After meeting the legend, we have decided to bring for the 7<sup>th</sup> edition of the Legends Seminar a legendary coach, the coach of the legendary Polish National Team. The builder of Champions: Master Jerzy Jedut 7<sup>th</sup> Dan.

This February don't miss the chance to experience the training secrets that builds champions.

Learn from the one of the world's leading and most recognized coach.

The seminar will take place in Tampere on the 01-02.02.2014.

We warmly welcome you to Tampere and hope that you will enjoy every minute of that unique experience.

Best Regards,

Thierry Meyour VI Degree Black Eagle Taekwon-Do Head Instructor.

#### **GENERAL INFORMATION**

The seminar's content is planned by Master Jedut but the main themes will be:

Basics, physical contionning, kicking and punching combinations for ITF sparring style, strategy and opponent analysis.

The seminar is open to all ITF Finland members with a valid license and insurance (CLUBS CHECK LICENSES) from 7 Gup and above aged 14 and above. And ALL ITF GROUPS with proper insurance. This seminar is a must for practitioners aiming for international results.

You will need to have: ITF official dobok (or your martial arts style's uniform), full set of protective equipment (head gear is compulsory for practitioners under 18y.o.)

Date: 01-02.02.2014

#### Place:

POHJOIS-HERVANNAN KOULU,

Opiskelijankatu 29 33720 Tampere, Finland



#### **SEMINAR SCHEDULE:**

#### Saturday:

10.00: Hall Opens

10.30-12.00: Seminar

12.00-13.30: Break

13.30-15.30: Seminar

15.30-16.00: Photo Session

#### **Sunday:**

10.00: Hall Opens

10.30-12.00: Seminar

12.00-13.30: Break

13.30-15.00: Seminar

15.00-15.30: Q&A

#### SEMINAR FEE AND PAYMENT INFORMATION:

#### Fees:

#### EARLY (REGISTERED AND PAID BY THE 29.09.2013)

50€/whole seminar or 35€/1 day (ITF Finland members) 65€/whole seminar or 45€/1 day (Non ITF Finland members)

#### **STANDARD (REGISTERED AND PAID BY THE 27.10.2013)**

55€/whole seminar or 40€/1 day (ITF Finland members) 70€/whole seminar or 50€/1 day (Non ITF Finland members)

#### **RUSH (REGISTERED AND PAID BY THE 24.11.2013)**

60€/whole seminar or 45€/1 day (ITF Finland members) 75€/whole seminar or 55€/1 day (Non ITF Finland members)

#### LATE (REGISTERED AND PAID BY THE 30.02.2014)

75€/whole seminar or 55€/1 day (ITF Finland members) 85€/whole seminar or 65€/1 day (Non ITF Finland members)

#### **Cancellation/modification policy (Any reason):**

**Cancellation after payment recieved:** 

Before 24.11.13: 50% After 24.11.13: 25%

#### Modification after payment recieved:

Switch from 2 days to 1 day or vice versa: 10€ Switch participant 10€

# We highly recommend switching participant rather than cancelling.

Payment should appear on our school's account latest on the deadline you decide to follow. Do not wait for the last moment to register your members, **WE WILL FOLLOW THE "FIRST COME FIRST SERVED" BASIS**:

Black Eagle Taekwon-Do: IBAN: FI03 1682 3500 0118 01

SWIFT: NDEAFIHH REF Number: 1135

STATE IN THE MESSAGE BOX THE NAME OF THE CLUB AND AMOUNT OF PARTICIPANTS.

NOTE: WE ONLY ACCEPT REGISTRATION THROUGH CLUBS NOT INDIVIDUALS

#### **ACCOMODATION:**

1- The closest Hotel is Hotel Hermica: 200m from the seminar venue. http://www.hermica.fi/

Special prices have been arranged: 72€/Single room 84€/Double room 99€/Triple room Those prices INCLUDE breakfast.

In order to get those prices, rooms MUST be booked before the 02701.2013 Black Eagle does not arrange hotel booking contact the hotel directly and state: Black Eagle as a discount code.

2- Accommodation at the Black Eagle Taekwon-Do Dojang

There is also the possibility to sleep at our Dojang on the tatami for 5€/night, dressing rooms and showers are available.

ONLY FOR THE NIGHT FROM SATURDAY TO SUNDAY.

Please fill in the attached application form and send them to

betkdseminars@gmail.com

**DEADLINE FOR REGISTRATION AND PAYMENTS: 24.11.2013** 

### **ONLY 110 PLACES**

DON'T WAIT FOR THE LAST MOMENT TO REGISTER, WE WILL FOLLOW THE "FIRST COME FIRST SERVED" BASIS. DON'T MISS THIS EVENT, REGISTER NOW!!!