



NATIONAL MARTIAL SPORTS FESTIVAL

Bulgaria, Sofia, "Universiada" Sports Hall,
2-3 November 2013



REGULATIONS

**for National Taekwon-Do ITF Championship,
part of the National Martial Sports Festival**

Organizers:

- Central Police Taekwon-Do Club;
- Sports Association of Ministry of Interior;
- Bulgarian Association of Taekwon-Do (BAT).

Date and place:

- 02-03 November 2013, "Universiada" Sports Hall, city of Sofia, start of the competition: 09:00 h.
- Opening ceremony of the tournament – 02 November 2013. at 11:00 h.

Participation requirements:

- All affiliated TAEKWON-DO ITF sport organizations and all clubs and organizations who received official invitation;
- Competitors - from 6 years old and above;
- For pattern and special technique – holders of 10th gup and above;
- For sparring division – holders of 8th gup and above, at least 10 years old;
- For Power test division – holders of 6th gup and above, at least 16 years old;
- For pre-arranged sparring division - holders of 4th gup and above, at least 14 years old.

On the championship children, juniors and seniors may perform in:

- individual and team pattern;
- individual and team sparring;
- individual and team special technique;
- individual and team power test – juniors and seniors only;
- team pre-arranged sparring– juniors and seniors only;

Registration of competitors, weigh-in and height check:

- Registration is obligatory for all competitors and will take place in "Universiada" Sports Hall on 02.11.2013 from 07:00 to 09:00 h;
- On the registration an ID check will be made;
- Check of weight and height will be made during the registration. Competitor who doesn't match applied weight will not be allowed to participate in the relative divisions;
- Tolerance – 0.00 kg and 0.00 m.

Entry forms:

- Participation applications (forms approved and provided by Organizational Committee) must be sent **till 30.10.2013** to the following e-mail: oc@taekwondo.bg
- After 23:59 h on 30.10.2013 applications and corrections (change in the application of age, height, weight, technical degree and applied division) will not be accepted.

For further information: e-mail: oc@taekwondo.bg
Tel. / Fax: + 359 2 869 64 98
Mobile phone: + 359 888 804 402



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- **The application must contain:** Names of the competitors, date of birth, height (cm) – for children competing in Special technique division, weight (kg) – for competitors in Sparring division, and category they apply for participation.

- Check of all documents related to the applications will be made on 01.11.2013 from 19:00 h in "Universiada" Sports Hall.

- valid sports insurance;
- medical exam with date not earlier than 5 days before the competition;
- declarations from parent of approved type for minor competitors (under 18 years);
- technical degree certificate;

Every competitor proves the identity during the registration with ID, Passport or birth certificate.

Pattern:

In **individual pattern** divisions competitors will perform **two designated** patterns chosen by the electronic system according to technical degree of participants. For **team pattern** – **one optional and one designated** by the electronic system.

- **Age categories:**

Boys and girls: 6-7 years, 8-9 years, 10-11 years, 12-13 years;

Junirs: 14-17 years;

Seniors: over 18 years.

- **Degree categories:**

- 10-9 gup: Saju Jirugi and Saju Magki;
- 8-7 gup: Chon-Ji and Dan-Gun;
- 6-5 gup: from Chon-Ji to Uon-Hyo;
- 4-3 gup: from Chon-Ji to Chun-Gun;
- 2-1 gup: from Chon-Ji to Hwa-Rang;
- I dan: from Chon-Ji to Ge-Baek;
- II dan: from Chon-Ji to Juche;
- III dan: from Chon-Ji to Choi-Yong;
- IV dan: from Chon-Ji to Moon-Moo.

Sparring:

Competitors will participate in individual sparring categories according to acting ITF Tournament rules.

Obligatory protective gear: gloves and feet protectors of blue or red color (depending on the draw), no manufacturer requirements, if not available or not of acceptable type – will be provided for use by the organizer; groin protector inside the dobok (obligatory only for male competitors); mouth guard, helmet (no color requirements) for competitors 10-13 years.

Optional protective gear: helmet (no color requirements) for Juniors and Seniors, chest protectors (only for female competitors inside the dobok), shin guards of acceptable type.

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• Weight Categories:

- Children (10-13 years)

Boys (10-11 years): -30 kg; -35 kg; +35 kg;

Girls (10-11 years): -30 kg; -35 kg; +35 kg;

Boys (12-13 years): -35 kg; -40 kg; -45 kg, -50 kg, +50 kg;

Girls (12-13 years): -35 kg; -40 kg; -45 kg, -50 kg, +50 kg.

- Juniors (10-13 years)

Male: -50 kg, -56 kg, -62 kg, -68 kg, -75 kg, +75 kg;

Female: -45 kg, -50 kg, -55 kg, -60 kg, -65 kg, +65 kg.

- Seniors (10-13 years)

Male: -57 kg, -63 kg, -70 kg, -78 kg, -85 kg, +85 kg;

Female: -50 kg, -56 kg, -62 kg, -68 kg, -75 kg, +75 kg.

Special Technique:

The initial height and length for the individual and team Special Technique divisions are the following:

	Twimyo Nopi Ap Cha Busigi	Twimyo Dollyo Chagi	Twimyo Badae Dollyo Chagi	Twio Dolmyo Yop Cha Jirugi	Twimyo Nomo Yop Cha Jirugi
Boys 8-9 years	155 cm.				
Boys 10-11 years	170 cm.	155 cm.			
Boys 12-13 years	185 cm.	170 cm.	165 cm.		
Junior Male	210 cm.	195 cm.	195 cm.	195 cm.	200 cm.
Senior Male	230 cm.	205 cm.	200 cm.	200 cm.	230 cm.

	Twimyo Nopi Ap Cha Busigi	Twimyo Dollyo Chagi	Twimyo Nomo Yop Cha Jirugi
Girls 8-9 years	150 cm.		
Girls 10-11 years	165 cm.	150 cm.	
Girls 12-13 years	180 cm.	165 cm.	
Junior Female	190 cm.	175 cm.	130 cm.
Senior Male	200 cm.	185 cm.	150 cm.

If more than fifteen (15) children competitors are competing in one division they will be divided into two separate groups (with equal number of participants) according to their height. The target height for the group of the shorter competitors will be 5 cm. lower than the current, and the height for the taller group – 5 cm. higher.

Power test:

- Minimum age: 16 years;
- Minimum degree: 6 gup.

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The initial number of boards for the Power Test competition is the following:

	Ap-joomuk Jirugi	Sonkal Taerigi	Yopcha Jirugi	Dollyo Chagi	Bandae Dollyo Chagi
Junior Male	1	1	2	2	2
Senior Male	2	2	3	2	2

	Sonkal Taerigi	Yopcha Jirugi	Dollyo Chagi
Junior Female	1	1	1
Senior Female	1	2	2

Traditional sparring:

- Minimum age: 14 years;
- Minimum degree: 4 gup.

The discipline will be conducted according acting competition rules of ITF.

Coaches:

- All coaches must know the competition rules, in particular the coaches` obligations.
- The official Coaches` meeting will be held at 08:30 of 02 November 2013 in "Universiada" Sports Hall.

Umpires:

- The umpires are ensured by the BAT Umpire Committee;
- The Jury President will be Mr Vencislav Ignatov;
- Umpires meeting will be held at 08:00 h on 02 November 2013 in "Universiada" Sports Hall.

Technical conference:

- Technical conference will be held at 19:00 h on 01 November 2013 (Friday) in "Universiada" Sports Hall. The attendance of at least of one club representative is mandatory.

Participation expenditures:

- Participation fee: individual – **10.00 €**, teams - waived.
- All other expenses are on accounts of participant clubs.

Organizing Committee Of Bulgarian Association of Taekwon-Do

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